



IOI Workshop for NPMs “Monitoring of Psychiatric Facilities”

21 – 23 June 2016 | Vilnius, Lithuania

Objectives of the Workshop:

- Explore with peers issues of common concern relating to the monitoring of psychiatric institutions
- Deepen the understanding of the main risk situations related to psychiatric institutions and ways to address them
- Develop skills to handle specific challenges relating to the monitoring of psychiatric institutions
- Explore strategies to follow-up on visits to psychiatric institutions and overcome challenges such as gaps in standards or legislation

Methodology:

- The working process and facilitation methods employed will use as much as possible the experience of participants.
- Specific expert input will serve to further clarify key issues.
- The purpose of the visit to a psychiatric hospital is to deepen issues raised

Participants (maximum 25):

- 1 representative of each NPM (max. 2, depending on availability)
- IOI Secretary General + staff

Facilitators:

- Facilitators: Jean Sébastien Blanc, Isabelle Heyer, Walter Suntinger
- Medical/psychiatric experts: Gabriele Fischer, Clive Meux
- SPT expert: Mari Amos

Agenda

Day One | Tuesday, 21 June 2016

Time	Topics
08:00-08:30	Registration
08:30-10:30	<p>Setting the scene:</p> <ul style="list-style-type: none"> • Welcome and introduction of participants (<i>Seimas Ombudsman, IOI, APT</i>) • Scope and key definitions (<i>APT, Jean-Sébastien Blanc</i>) • Applicable standards in monitoring psychiatric institutions, including the CRPD: what is the common ground and how to use the standards? <p><i>Short presentations followed by a panel and a discussion with Marie Amos, Clive Meux, Gabriele Fischer, Isabelle Heyer (APT)</i></p> <p><i>Moderated by Walter Suntinger (APT)</i></p>
10:30-11:00	Coffee break
11:00-13:00	<p>Critical issues found in psychiatric institutions: substantive considerations and how to monitor them</p> <ul style="list-style-type: none"> • Use of restraints • Seclusion • Involuntary treatment • Dignity and privacy • Staff-related issues <p><i>Case studies in working groups followed by a plenary discussion</i></p>
13:00-14:00	Lunch
14:00-15:30	<p>The specifics of monitoring psychiatric institutions:</p> <ul style="list-style-type: none"> • Skills and profile of monitors • Ethics of monitoring – dealing with risk situations • How can NPMs assess medication/overmedication <p><i>World café</i></p>
15:30-16:00	Coffee break
16:00-17:30	<p>The specifics of monitoring psychiatric institutions:</p> <ul style="list-style-type: none"> • Handling interviews with persons with mental health problems <p><i>Role play in groups followed by plenary discussion</i> <i>Wrap-up of the day</i></p>

Day Two | Wednesday, 22 June 2016

Time	Topics
08:30-10:15	Preparation of the visit to Rokiškis Psychiatric Hospital <i>Introduction and presentation by APT and Seimas Ombudsman followed by preparation in subgroups</i>
10:15-10:30	Coffee break
10:30-13:00	Transportation to Rokiškis Hospital
13:00-17:00	Visit to psychiatric hospital: <ul style="list-style-type: none"> • In subgroups • Each group focuses on a specific issue (dealt with in Day One)
17:00 onwards	Social event

Day Three | Thursday, 23 June 2016

Time	Topics
08:30-10:30	Debriefing of the visit: <ul style="list-style-type: none"> • Main findings • Methodological challenges <i>Debriefing in subgroups followed by feedback in plenary</i>
10:30-11:00	Coffee break
11:00-12:30	Follow-up strategies specific to psychiatric institutions: Recommendations and analysis of stakeholders relevant to implementation <i>Moderated by Walter Suntinger (APT)</i>
12:30-13:30	Lunch
13:30-15:00	Follow-up strategies specific to psychiatric institutions: Developing a pathway of change <i>Moderated by Walter Suntinger (APT)</i>
15:00-16:30	Final session <ul style="list-style-type: none"> • What is the appropriate role of NPMs: from monitoring to standard-setting and back? • How to strengthen the impact of NPMs • Ways forward <i>Moderated by APT</i>

End of Workshop